

Information about SERE Training

During the first week of BMT, you will be given a PAST by SERE personnel. The purpose is to ensure you meet the minimum standards as required by SERE. During the remainder of BMT, you will have a weekly mentoring session with a SERE Specialist where you will have the opportunity to ask any and all questions about SERE.

After graduating BMT, the first step to getting your beret is the SERE Specialist Screening Course (SSS). SSS is a 19-day course at Lackland AFB, TX. SSS is a screening process to see if you have what it takes to make it through SERE Specialist Training (SST) and be a successful SERE Specialist.

During the 19 days of SSS, you will be evaluated constantly in many areas. Some of the main areas of focus are:

1. Speaking ability
2. Motivation
3. Leadership
4. Task completion and following instructions
5. Ability to operate in a field environment
6. Physical fitness:
 - a. PAST: you will take the PAST on day one of SSS. Passing the PAST is a requirement to continue in training; failure will mean removal from SSS.
 - b. Carrying a 65lb Ruck for 4 miles in less than an hour: a pass fail event; failure will mean removal from SSS.
 - c. Daily PT sessions

*Of the 19 days of SSS, you will spend 4 days in the field (in all weather conditions).

Upon successful graduation, you will move (PCS) to Fairchild, AFB, WA. The first two months at Fairchild will be spent completing required pre-requisite courses.

- S-V80-B, Emergency Egress Course, Parachuting, 1 day
- S-V80-A, Basic Combat Survival, 19 days
- S-V84-A, Underwater Egress Training, 1 day
- S-V90-A, Water Survival Training, Non-Parachuting, 2 days
- S-V89-A, SERE Indoctrination, 17 days

While the number of training days for these courses totals a little over 5 weeks, it takes much longer to complete all the requirements. This is due to numerous factors, including days off (weekends and holidays) and time needed to complete other military appointments and requirements.

After your pre-requisite courses are complete, you will begin SST. SST is a 6 month tech school where your focus will be learning your craft—learning to be a SERE Specialist. Out of the 6

months you can expect to spend approximately 3 ½ months in the Field, lasting anywhere from 3 days to 22 days at a time, in a multitude of environments and all weather conditions.

After graduating from SST, you will be assigned here at Fairchild for a minimum of three years to hone your skills as a SERE Specialist.